

West Berkshire

Health Overview Scrutiny Committee

Dr Sue McLaughlin

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Trust Lead for Suicide Prevention



Suicide Prevention Strategy in BHFT

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Lead for Suicide Prevention BHFT



Berkshire Healthcare
NHS Foundation Trust

Group of multi professional staff meet bi-monthly to oversee the Trust Suicide Prevention Strategy.

Link in the East and West strategy groups, Berkshire wide SP strategy and Thames Valley Suicide Prevention and Intervention Network. Service User and Carer involvement via T&F groups.

Focus on what the Trust can do but recognise only around 30% of those who die are open to MH services so strong links with Public Health and RTS.

Areas of Focus

- Moving away from risk stratification to risk formulation and individualised care
 - Safe Wards
 - Using data and patient and family feedback (suicide surveillance)
 - Adapting safety plans for those with neurodiversity
 - Inclusion rather than exclusion
 - Staff support and wellbeing
 - Supporting with economic pressures
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Research and Conferences Suicide Prevention

- BHFT and OH are collaborating on International research to develop staff competencies in suicide risk assessment.
- Life Beyond the Cubicle – the Trust have piloted this group-based learning developed by carers and OH.
- BHFT Suicide Prevention in Mental Healthcare Conference -The keynote presentation was delivered by Professor Sir Louis Appleby, Director of the National Confidential Inquiry into Suicide and Safety in Mental Health (NCISH) our own staff and colleagues from the Southeast presented on 11 July 24.
- World Suicide Prevention Day –Change the Narrative (10 Sept 24) – we are collaborating with bereaved carer hosting this years Every Little Thing Conference on Sunday 15th Sept 24 which brings participants from all sectors together with service users and carers to focus on suicide prevention and shared learning.

Glossary

- SP – Suicide Prevention
- T&F Groups – Task & Finish Groups
- MH – Mental Health Services
- RTS – Responding to Suicide
- BOB – Buckinghamshire, Oxford and Berkshire
- BHFT – Berkshire Healthcare Foundation Trust
- OH – Oxford Healthcare
- NCISH - National Confidential Inquiry into Suicide and Safety in Mental Health

Thank you
questions...?